



Health and social care is the treatment of ill health and medical conditions in hospitals, health centres and in the community. Social care is the care and support of vulnerable people, usually in the community.

The NHS in the Tees Valley is comprised of three Foundation Hospital Trusts (North Tees, South Tees and County Durham and Darlington), three Clinical Commissioning Groups (Hartlepool and Stockton-on-Tees CCG, South Tees CCG and Darlington CCG) and a Mental Health Trust. They all have excellent reputations and the Tees Valley is also the headquarters of a number of social care homes, including the UK's largest.

Key Information

The Tees Valley has a large health and social care sector, with the number of health and social care jobs 33% above the national average.

Over 46,500 people work in health and social care in the Tees Valley.

There were over 4,900 health and social care job vacancies advertised online in the Tees Valley in 2018

More men are needed to work in health and social care – only 21% employed are men.

There are over 26,000 extra jobs predicted in the Tees Valley in the health and social care sector between now and 2024, with 22,000 of these being replacement demand from those who will leave and retire.

Useful Subjects

- English
- Mathematics
- Science
- Technology
- Engineering

Skills and Qualities

- Communication
- Problem Solving
- Team Work
- Genuine interest in caring for people

Top 5 skills most requested in Health & Social job adverts

- 1. Mental Health
- 2. Care planning
- 3. Dementia knowledge
- 4. Social Work
- 5. Learning Disabilities knowledge









Average annual salaries in the Tees Valley

Doctor	£59,900	Physiotherapist	£39,000
Dentist	£50,500	Nurse	£32,300
Clinical Psychologist	£48,500	Occupational Therapist	£25,400
Pharmacist	£40,700	Midwife	£36,000
Social Worker	£32, 200	Care Worker and Home Carers	£16,500
Radiographer	£32,700		

Routes into Health and Socialcare

Many jobs in the health sector are graduate level only and require specific qualifications at degree level, e.g. Nurse, Pharmacist and Physiotherapist.

Some careers in social care can be started without qualifications but usually require some, for example, a NVQ Level 2 or Level 3 in Care. Your attitude and life experiences are just as important for employers to work out if you are suitable for the role. Some apprenticeships are available, e.g. Health Care Assistant, Therapy Assistant. Go to www.apprenticeships.gov.uk

There are a range of qualifications, e.g. A- Levels and BTECs that can be achieved at college, see www.ucasprogress.com; or whilst working or in an apprenticeship go to www.skillsforcare.org.uk/apprenticeships/.

Carers can develop specialist knowledge in dementia care, learning disabilities and mental health care, etc. For more information go to www.skillsforcareanddevelopment.org.uk.

It can be difficult to get work experience in health and social care when you are under 18 years old. As an alternative, try to get some experience in other customer care roles first, e.g. retail sales or do some voluntary work.

Working in care home is usually a good way of getting works experience and you can go in as a placement whilst at school and then get a part time job alongside studying.

More Information:

NHS Health Careers



Step into the NHS





TEES VALLEY CAREERS.COM